

Services available to MDX Sport Scholars through the Athlete Support Programme

Sports Science Testing

Our Human Movement laboratory is equipped to undertake all the usual biomechanical, and physiological tests.

Sports Rehabilitation

Scholarship students have preferred access privileges to treatment at our clinics.

Strength and Conditioning

An Individualised S & C programme is available from UKSCA accredited practitioners within the LSI. Programmes are tailored to meet the demands of the individual and their sport.

Sports Massage

Sports Massage is available in the Treatment Room at Hendon campus. ASP recipients receive treatments either free or at a highly preferential rate.

Insurance

All members of the programme are automatically covered by the sports insurance policy, which provides cover in the event of an injury incurred while training or competing for the University.

Coaching Programme

The Sport & Recreation service run a variety of coach education programmes enabling scholars to undertake nationally recognised coaching and officiating courses, free of charge.

Training Kit

Sports scholars will receive a free University Sport training top.

Mentoring

Students on the ASP are allocated a personal mentor who meets regularly with the athlete and offers support and advice, assisting them to balance their academic, sporting, social and family lives.

As well as the MDX Sport Scholarship scheme, students can apply for financial support through the GLL Foundation Scholarship Scheme. This scheme has different terms and conditions and requires a separate application process.

GLL Sports Foundation Scholarships

Middlesex University is working in partnership with Greenwich Leisure Ltd and specifically their Sports Foundation to provide numerous sports scholarships to our students. The scholarships provide a differential level of support which is determined by the level of achievement of the athlete. Support covers free access to facilities for training, and may include some direct financial support. The application process is separate to the University Scholarship scheme and applicants need to apply directly to the GLL Foundation. Applications are considered annually, with applications open from December to February each year.

Information on the awards criteria and how to apply can be found on the GLL Foundation web site www.gllsportfoundation.org

You can also contact

Mel Parker Head of Sport & Recreation on 020 8411 5893 or m.parker@mdx.ac.uk



MDX Sport scholarships

Support programmes for talented athletes at Middlesex University



MDX Sport Scholarships

If you are competing at a regional or national level in your sport, you could be eligible for support and funding through the MDX Sport Scholarship scheme.

Through our scheme, we will provide financial support which may be used towards training and competition expenses, as well as a range of benefits and access to the Athlete Support Programme.

MDX Sport scholarships

GOLD- Up to 6 awards made annually

- £1000 towards training and competition expenses
- Free Annual Sports membership
- Free Sports Scholar Kit
- Free access to a coaching course and sport science workshops
- Mentoring and support
- Free access to the Athlete Support Programme which includes sport science testing, physiotherapy*, sports massage*, nutritional advice, strength & conditioning support.

SILVER- Up to 6 awards made annually

- £500 towards training and competition expenses
- Free Annual Sports membership
- Free Sports Scholar Kit
- Free access to a coaching course and sport science workshops
- Mentoring and support
- Free access to the Athlete Support Programme which includes sport science testing, physiotherapy*, sports massage*, nutritional advice, strength & conditioning support.

BRONZE- Up to 10 awards made annually

- £200 towards training and competition expenses
- Free Annual Sports membership
- Free Sports Scholar Kit
- Free access to a coaching course and sport science workshops
- Mentoring and support
- Free access to the Athlete Support Programme which includes sport science testing, physiotherapy*, sports massage*, nutritional advice, strength & conditioning support.

- * Up to 5 free treatments per annum are available under the scheme. Unlimited additional treatments are available at half the prevailing student rate.

Academic Flexibility

Middlesex University recognizes the difficulty that students who are competing in sport at a high level have when it comes to balancing the needs of training and academic study.

The University offers numerous modes of study and is generally able to offer some flexibility in the delivery of the academic programme, to enable students to continue to train on an intensive basis. Any offer of flexibility is discussed with MDX Sport Scholarship students on a case by case basis.

How to apply

You can apply for the MDX Sport Scholarship by downloading the application form from the website. Applications must be supported by two written references relevant to your application (e.g. from tutors or sports coaches) and copies of any relevant certificates or evidence such as newspaper clippings, sporting certificates, etc.

Deadline for applications is 31 July to receive funding for the following October. Application forms are available from the website at

www.mdx.ac.uk/life-at-middlesex/support-services/finance/scholarships-and-bursaries

