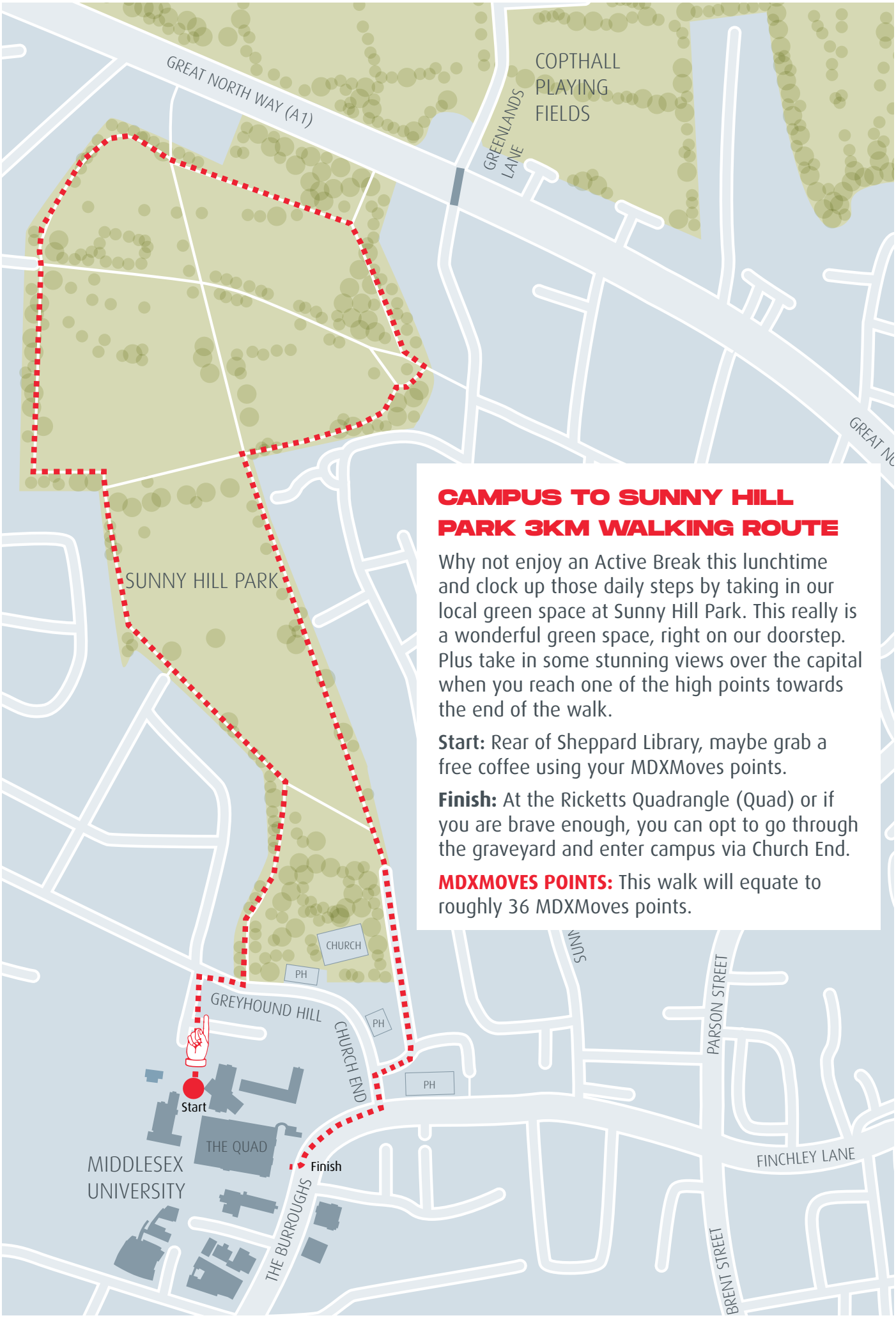

CAMPUS TO SUNNY HILL PARK 3KM WALKING ROUTE

Why not enjoy an Active Break this lunchtime and clock up those daily steps by taking in our local green space at Sunny Hill Park. This really is a wonderful green space, right on our doorstep. Plus take in some stunning views over the capital when you reach one of the high points towards the end of the walk.

Start: Rear of Sheppard Library, maybe grab a free coffee using your MDXMoves points.

Finish: At the Ricketts Quadrangle (Quad) or if you are brave enough, you can opt to go through the graveyard and enter campus via Church End.

MDXMOVES POINTS: This walk will equate to roughly 36 MDXMoves points.