

**Wellbeing Foundation Volunteering Opportunities (Sport Related)**

<b>Volunteer Opportunity</b>	<b>Any Specific Requirements</b>	<b>Time Commitment</b>	<b>Benefits</b>	<b>Who to contact</b>	<b>Application Deadline</b>
Kids Camp Volunteer - assisting delivery of sports activities at holiday camps	Interest in sports coaching / teaching. DBS Clearance	Camps take place during most school holidays. Opportunities from 1 day up to a week or more	Opportunity to attend a free NGB sports coaching course, and or a Sports Leaders course.	Stella Sipple, s.sipple@mdx.ac.uk 020 8411 4651	No specific deadline. Students from Year 1 and Year 2 get priority.
Include -U Volunteer - assisting in the delivery of inclusive sports opportunities inn the community	Interest in working with people with disabilities in a sports setting. DBS Clearance	Normally working with a sports club for 1 session per week.	Opportunity to attend a free NGB sports coaching course.	Steve McMahan, s.mcmahan@mdx.ac.uk 020 8411 4736	No specific deadline. Students from Year 1 and Year 2 get priority.
Sports Captains	Need to have been a member of the respective sports team, generally for at least 1 year	Availability to attend captain's training weekend (September), and commitment during the year to assist with organisation of team training and selection	Free Sports membership,	Stella Sipple, s.sipple@mdx.ac.uk 020 8411 4651	by end May in the year before seeking to be the Sports Captain
London Mini Marathon - Marshall	General Interest in sport	1/2 day - early morning on the date of the London Marathon in April	Refreshments and event kit (T-shirt/ jacket)	Mel Parker, m.parker@mdx.ac.uk 020 8411 5893	End February
Athletics Official - supporting various events throughout the year	Need to complete a 1 day training course, and attend 5 events to gain full qualification	Normally half day commitment, can be mid week or weekend	Free Training course, normally receive refreshments and expenses, occasionally receive Kit	Mel Parker, m.parker@mdx.ac.uk 020 8411 5893	No specific deadline, training courses available year round
Jog Leader - leading groups of beginner runners on runs from the campus	Interest and experience of running. Willingness to undertake a 1 day Leader in Running Fitness Course	Lead a session at least 1 x per week during term time	Free Training course,	Mel Parker, m.parker@mdx.ac.uk 020 8411 5893	No specific deadline, training courses available year round
Media Volunteers - generating written copy and/ or AV content relating to sports events	Interest in journalism. TV production, media, social media	Wednesday afternoons, occasional weekend events	Expenses, opportunity to get copy published	Stella Sipple, s.sipple@mdx.ac.uk 020 8411 4651	Ideally apply before the start of academic year. Opportunities year round
Kit Aid Volunteer - helping with the packing and storage of kits for sending overseas	None	1/2 day on ocasional weekends	Cameraderie of fellow students involved in the project	Mel Parker, m.parker@mdx.ac.uk 020 8411 5893	No specific deadline, opportunities available year round